

Dr. Harlene Anderson is internationally recognized for her talent for helping individuals and organizations solve complex problems and achieve astonishing results. She is a founding member of the Houston Galveston Institute and the Taos Institute. Her book, *Conversation, Language and Possibilities* is famed as trailblazing and is published in five languages. She is a coauthor of *Appreciative Organizations*. Among the recognitions of her stature in the field of consultation are the 2008 American Academy of Family Therapy Award for Distinguished Contributions to Family Therapy Theory and Practice and the American Association for Marriage and Family Therapy's 2000 Award for Outstanding Contributions to Marriage and Family Therapy.



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Dr. Diana Carleton is a Licensed Psychologist with over twenty-five years of experience in coaching and organizational consulting, utilizing a collaborative approach to her work. Her experience includes working with international management consulting firms, agencies and non-profit businesses, health care industries and universities. Dr. Carleton developed strong leadership skills by creating and effectively directing start-up programs and consulting in these organizations. Her work is focused on helping individuals and organizations develop their maximum potential through coaching, team building and performance enhancement.



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Dr. Harriet Roberts has more than twenty-five years experience as a personal and organizational consultant, coach and psychotherapist. Her collaborative, systemic approach has proven effective in working with diverse individuals, groups and organizations. She has developed and directed programs at local, state, national and international levels. Her work provides keen insight and understanding of the myriad problems and concerns in the healthcare, criminal justice, education, workforce development, business and training systems. Dr. Roberts provides services for start-up and established systems in marketing, corporate and organizational development.



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*Shaping Your World
for Success!*

**COLLABORATIVE LIFE,
BUSINESS, & EXECUTIVE
COACHING**



ACCESS SUCCESS collaborative coaching services are for those who have already achieved success and want much more. Through a personalized, professional and collaborative relationship, you will create a future vision, develop competencies and take effective action toward your desired results.

Coaching enhances achievement and life fulfillment. It uses a process of inquiry and personal discovery to provide structure, support and feedback that are critical for success.



The *AccessSuccess* founders — Dr. Anderson, Dr. Carleton & Dr. Roberts

Collaboative coaching is about uncovering your winning strategies and transforming possibilities into tangible realities.

- Focus is on the future
- Goals, dreams, and vision drive the action
- Your goals determine the action-oriented process
- Process is collaborative and interactive
- Communication is in person, by phone, or via email
- Sessions vary in length, from 15 minutes to 1½ hours

Collaboative coaching will help you to:

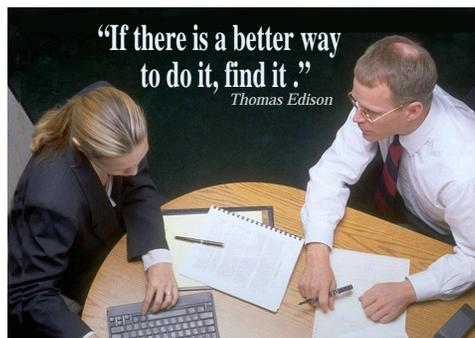
- Stop or change behaviors that are interfering with your life goals
- Try new approaches to help you achieve your goals
- Work collaboratively with your coach to design goals and action steps to move forward
- Achieve more success than you thought was possible!

“Don’t be afraid to give up the good to go for the great .”

K. Rogers

Life coaching focuses on the broader context of all areas of life. It may include goals directed towards success in:

- Enhanced communication
- Improved relationships
- Career advancement and change
- Unique and exciting retirement goals
- Health and physical fitness
- Ambitious life accomplishments
- Effective decision-making strategies
- Overcoming obstacles to reaching your vision
- Increased sense of joy and well being



Business and executive coaching is related to effectiveness and fulfillment at work. It may occur individually, in teams or in training modules. Small business leaders or entrepreneurs get great benefit from this type of coaching. The focus may be on areas, such as:

- Improving organizational performance and profitability
- Identifying and utilizing key strengths
- Helping clients learn effective communication and executive skills
- Establishing active mentoring relationships
- Developing more satisfying and productive work relationships
- Achieving a satisfying balance between work and life

THE COLLABORATIVE COACHING RELATIONSHIP

is designed to fit your busy life style and schedule.

Getting started:

- Gathering information and self-reflection
- Clarifying values and visions
- Agreeing on the path and setting your goals to achieve your desired results

On your way:

- Continue defining goals and stay focused
- Trouble-shooting, overcoming obstacles and staying motivated
- Starting to experience results
- Noticing benefits from new behavior changes
- Sharing your successes with your coach
- Creating exciting visions for your future
- Strategizing on how to continue to achieve desired results

Success:

- Successfully achieved desired level of excellence
- Achieved breakthrough results such as enhanced career, improved relationships, better communication or increased performance and profitability
- Uncovered your winning strategy
- Created a vision towards your future

“Once your mind is stretched by a new idea it will never return to its original size .”

Oliver Wendell Holmes